

Healthy Youth Survey

Proposed Resolution for the Board of Health

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Stacy Wenzl, Data Center Manager**

BOH Policy Process

Policy Committee:

- Assist in determining policies to consider each year
- Provide initial guidance on procedures
- Advise on need for topic-specific committee

2016 Members: Councilmember Waldref (Chair), Mayor Freeman, Councilmember Hafner, Keith Baldwin

BOH Policy Process

Criteria for BOH Policy Activity

- Connection to public health
- Benefit to SRHD
- Added value of BOH involvement
- Level of potential impact
- Priority among policy ideas
- Appropriate timing
- Capacity of BOH
- Likelihood of BOH support
- Enforceability
- Community support/controversy
- Potential for litigation

BOH Policy Process

Resolutions: Official or formal statements of determination, decision, or opinion or enacting a practice or regulation.

Guidelines & Recommendations: Non-binding, advisory opinions

BOH Policy Process

Resolutions:

- Encourage schools with grades 6 -12 to participate in the Healthy Youth Survey and include all optional questions

Guidelines & Recommendations:

- Smoke-free worksites and toolkit
- Smoke-free multi-unit housing and toolkit
- Smoke-free events and toolkit

BOH Policy Process

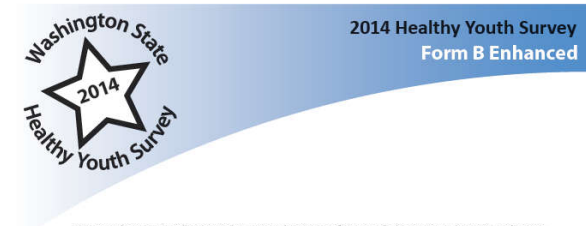
Resolutions:

- Encourage schools with grades 6 -12 to participate in the Healthy Youth Survey and include all optional questions

Stacy Wenzl, Data Center Manager

Healthy Youth Survey

- Focused on health and well-being of youth
- Data at state, county and school district levels
- Every other year in October
- Grades 6, 8, 10, and 12
- One class period
- Anonymous



We are asking you to take part in this survey about issues facing students in communities in Washington. The questions in this survey ask for your opinions about yourself, your friends, your school, and your neighborhood. School, community, county, and state officials will use the information from this survey in planning future programs to help youth.

Your answers to these questions are *anonymous*. This means that no one will know how you answered or which answer sheet is yours. Do not write your name anywhere on the answer sheet. If you do not want to take this survey now, tell your teacher and you will be given an alternative activity.

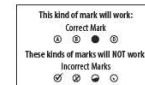
Some of the questions are personal, such as asking about your relationships and whether you get in fights or use drugs. Some students may find some of the questions uncomfortable or upsetting. You will be given a list of numbers to call if you want to talk to someone about the survey or feelings it brings up.

The survey is completely voluntary. You don't have to do this survey. You may skip any question you do not wish to answer or stop at any time. It will not affect your grades. Other students have said this survey is interesting and they enjoyed filling it out. We hope you will too. If you have any questions about this survey you may ask your teacher before beginning.

Please take a minute to read the instructions below before starting the survey.

INSTRUCTIONS

1. This is not a test, so there are no right or wrong answers.
2. The questions should be answered by marking one of the answer spaces on the answer sheet. If you don't find an answer that fits exactly, use one that comes closest. If any question does not apply to you, or you are not sure of what it means, just leave it blank.
3. Your answers will be read by a computer. Please follow these instructions carefully.
 - Use a pencil only.
 - Make heavy mark inside the bubbles.
 - Erase cleanly any answer you wish to change.
 - Make no other markings or comments on the answer pages.



Healthy Youth Survey

Topics Covered:

- Unintentional and intentional injury, including depression, fighting, and weapon carrying
- Physical activity and dietary behaviors
- Alcohol, tobacco and drug use
- Health conditions, health care and mental health
- School climate
- Risk and protective factors, including factors that assess community, school and peer-level influences
- Sexual orientation, behavior and abuse

Healthy Youth Survey

Value of Survey:

- Learn the prevalence of health-related behaviors
- Identify trends and patterns
- Understand the school climate
- Help evaluate existing services and programs
- Inform the planning of new prevention and health promotion programs
- Guide the development of policies

Healthy Youth Survey

Concern: School participation is voluntary

- Lacking information at county and school level
- Populations and behaviors vary from school to school
- Cannot plan targeted interventions

Healthy Youth Survey

Concern: Optional questions not used

- Lacking information about sexual behavior, sexual abuse and sexual orientation
- Unable to track trends in risky behaviors
- Unable to evaluate interventions
 - important for schools re: sexual health education
 - intersection with other health-related behaviors
 - student support services for sexually active youth
 - reshape social norms

Healthy Youth Survey

SRHD Assistance to Schools

- Attend relevant meetings with superintendents
- Available to discuss with school principals, school boards and parents
- Data sharing agreements
 - assist in analyzing HYS data
 - assist in developing prevention and intervention programs

Healthy Youth Survey

BOH Resolution:

- Encourage all schools to participate
- Encourage schools to include all optional questions related to sexual behavior, sexual abuse and sexual orientation
- Request school districts to adopt policies concerning school participation and use of all optional questions