

# **Tobacco, Vaping, and Marijuana Prevention and Control Program**

**Health Promotion Division**  
Healthy Communities

# Overview of Program

- **1.85 FTE (Divided among three people)**
- **Funded by Local Capacity Development Funds, Dedicated Youth Marijuana Prevention Account, Youth Tobacco, Youth Vapor Product Prevention Fund, CDC Youth Tobacco Prevention Fund**
- **Regional lead for Youth Marijuana Prevention and Education Program**
  - 6 counties
- **Regional lead for Youth Tobacco Prevention and Youth Vapor Product Prevention Program**
  - 9 counties

# Priorities and Initiatives

- **Public education campaigns**
  - Weed to Know – norming of responsible marijuana use
  - Smoking Cessation campaign (in development)
  - Youth vapor product use prevention (in partnership with King County)
- **Youth leadership development**
- **Health care provider engagement for prevention and cessation**
- **Community mobilization**
- **Policy and guidelines development**
- **Securing and maintaining funding**

# Update on Vaping Under SIPP Resolution #16-01

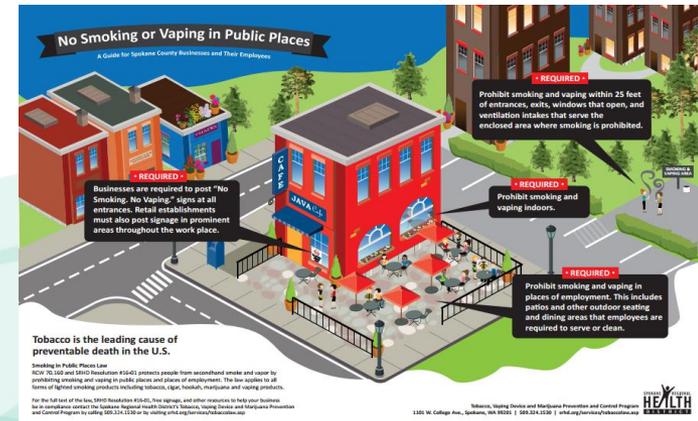
Effective July 1, 2016

## Implementation

- Infographic and letter to 2353 businesses
- Letters to vapor only stores
- Signage requests – 892 signs

## Monitoring and education

- Minimal complaints – mostly questions
- Mailing signage
- Education for business owners



# Background on Smoke-free Housing

- **There is no safe level of secondhand smoke exposure (SHS)**
  - Cigarette smoke contains more than 7000 chemicals
  - Contributes to heart disease, lung cancer, and stroke
  - Health impacts on children
  - People who live in multi-unit housing can be exposed to SHS through walls, hallways, ventilation intakes
- **Implementing a no-smoking in-unit policy is the only way to protect against SHS exposure**
- **Policies are more common among market rate housing providers**
  - Low income people are more likely to live in housing that allows smoking and less likely to be able to find smoke free housing and less likely to be able to move

# Smoke-free Housing

- SRHD has been working with housing providers for more than a decade
- Staff provide technical assistance, free signage, mini-grants, free lease addendums, cessation resources, and a copy of SRHD's Step-by-Step Guide to Smoke Free Housing Toolkit
- Focus is primarily on low income housing providers to decrease the disparity in availability of smoke free housing
- Housing policies that prohibit smoking help to create smoke and free norms

# Smoke-free Housing

- A SRHD 2015 survey showed 8 in 10 units in Spokane County are already covered by a no in-unit smoking policy
- There was a 16% in indoor smoking policies from 2013 (all types of housing)
- Policies range from no in-unit smoking, designated outdoor smoking areas, or 100% smoke free property
- Policies help protect people from second hand smoke exposure and create environments that are supportive of people who are trying to quit or who have already quit.
- Benefits to property owners and landlords

# Smoke-free Housing

- **Policies help protect vulnerable people including low income, people with disabilities, and veterans**
- **Northwest Fair Housing Alliance is supportive of these policies:**
  - They do not change the amount of available housing
  - People who smoke are not a protected class
  - These policies are not denying housing to people who smoke, they are only asking people to abide by rules about where they can smoke

# Guidelines & Recommendations

- **Staff are asking the Board to pass Guidelines and Recommendations supporting smoke-free housing**
  - Non-binding, advisory opinions that are typically accompanied by toolkit or other guidance to assist other entities in adopting certain practices.
- **Guidelines and Recommendations will be used to help promote smoke-free policies as good for public health and will support staff efforts to help make all low income housing smoke-free**

# Smoke and Tobacco-Free Worksite Campuses

- **Worksite policies that prohibit smoking or tobacco use help to create smoke and tobacco free norms**
- **Different from Smoking in Public Places Law**
- **Worksite policies that prohibit smoking or tobacco use create environments supportive of people who are trying to quit tobacco or who have already quit**
- **Benefits to employers include employees being healthier and more productive, reducing maintenance costs, taking less breaks, and decreased insurance premiums.**

# Smoke and Tobacco-Free Worksites

- **One size doesn't fit all**
  - Example: SRHD, CHAS, case studies
- **Policies are legal in Washington State but SRHD recommends that businesses work with staff to determine policy**
- **SRHD staff assist worksites with technical assistance, cessation resources, and SRHD's Step-by-Step Guide to Smoke and Tobacco-free Worksites**

# Guidelines & Recommendations

- **Staff are asking the Board to pass Guidelines and Recommendations supporting smoke and tobacco-free worksites.**
- **Guidelines and Recommendations will be used to help promote smoke and tobacco-free policies as good for public health and will support staff efforts to increase the number of smoke or tobacco-free worksites**
- **Vote in December 2016**

# Questions?